FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Gellert John M						2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]								Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner						
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC. 12121 WICKCHESTER LANE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 11/13/2019							X	Officer (give title below) President and CEO			(specify			
(Street) HOUSTON TX 77079					4.	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Indiv Line) X	vidual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City) (State) (Zip)					otive	tive Securities Acquired, Disposed of, or Beneficial										ally Owned				
1. Title of Security (Instr. 3) 2. Transaction Date (Month/Day/N				on	2A. Deemed Execution Date,		ite,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 an				5. Amount of Securities Beneficially Owned Following		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) or (D)	Price			rted action(s) 3 and 4)		(Instr. 4)		
Common Stock				11/13/2019					P		15,385	A	\$12.7	7238 ⁽¹⁾	(61,256	I	JMG Assets, LLC ⁽²⁾		
Common Stock				11/14/2019				P		500	A	\$11	.805	(61,756	I	JMG Assets, LLC ⁽²⁾			
Common Stock														1	26,085	D				
Common Stock														3	31,208	I	MEG Assets, LLC ⁽³⁾			
Common Stock															7,595	I	MCG Assets, LLC ⁽⁴⁾			
Common Stock														95,158		I	JMG GST LLC ⁽⁵⁾			
		Та	ble II								posed of, convertib				vned					
1. Title of Derivative Security (Instr. 3)	L. Title of Operivative Conversion Date Conversion Date Execution Discourity Or Exercise (Month/Day/Year) if any			eemed tion Date,	4. Transaction Code (instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		1		rcisable and Date	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Pr Deriv Secu (Inst		9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
Evalenation					Code	v	(A)	(D)	Date Exerc	isable	Expiration Date	Title	or Numbe of Shares	r						

Explanation of Responses:

- 1. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$12.615 to \$12.87, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the ranges set forth in this footnote to this Form 4.
- 2. The shares reported here are indirectly owned by the Reporting Person through JMG Assets, LLC. The Reporting Person is the Manager of JMG Assets, LLC.
- 3. The Reporting Person serves as the manager of MEG Assets, LLC and, as such, has the power to direct the voting and disposition of the reported securities. The Reporting Person disclaims beneficial ownership except to the extent of his pecuniary interest in the securities.
- 4. The Reporting Person serves as the manager of MCG Assets, LLC and, as such, has the power to direct the voting and disposition of the reported securities. The Reporting Person disclaims beneficial ownership except to the extent of his pecuniary interest in the securities.
- 5. The shares reported here are indirectly owned by the Reporting Person through JMG GST LLC. The Reporting Person is the Manager of JMG GST LLC.

Remarks:

/s/ Andrew H. Everett II, Attorney-in-Fact

11/14/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.