SEC Form 4 FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION																
Section 16. Form 4 or Form 5 obligations may continue. See					Washington, D.C. 20549 IT OF CHANGES IN BENEFICIAL OWNE Pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940							SHIP	OMB Estima	OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response: 0.5		235-0287
1. Name and Address of Reporting Person [*] Llorca Jesus					2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]							eck all applic Directo	able)	10%		
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC. 12121 WICKCHESTER LANE, SUITE 500					3. Date of Earliest Transaction (Month/Day/Year) 06/09/2020							EVP & CFO				
, (Street)					4. If Amendment, Date of Original Filed (Month/Day/Year)							 5. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person 				.
(City)	(S		(Zip)					muline d. Di		<u>(D.</u>						
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transau Date (Month/Date)					ction 2A. Deemed Execution Date		e, 3. 4. Secu Transaction Dispos Code (Instr. 5)		rities Acquired (A) ed Of (D) (Instr. 3, 4		5. Amou	s Forn Ily (D) o ollowing (I) (Ir		n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code V	Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Dat if any (Month/Day/Ye	Co	nsactio de (Inst		ive ies ed ed nstr.	6. Date Exerc Expiration Da (Month/Day/)	ate	and 7. Title and Am of Securities Underlying Derivative Sec (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactie (Instr. 4)	ve es ially ng d tion(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Cod	de V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares					
Stock Options (right to buy)	\$4.39	06/09/2020		А		18,750		(1)	03/05/2030	Common Stock	18,750	\$0.00	18,75	0	D	

Explanation of Responses:

1. The stock option award reported on this Form 4 is exercisable in three equal annual installments beginning on March 4, 2021 and ending on March 4, 2023.

Remarks:

<u>/s/ Andrew H. Everett II,</u> <u>Attorney-in-Fact</u>

06/10/2020

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.