FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								

Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name ar	nd Address of	Reporting Person*			2. Is	ssuer	Name a	nd Tic	cker or Tradi	ng S	ymbol						g Pers	son(s) to Iss	suer	
Weller Anthony				SEACOR Marine Holdings Inc. [SMHI]								`	Directo	all applicable) Director Officer (give title		10% Ov Other (s				
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC. 12121 WICKCHESTER LANE, SUITE 500				•	3. Date of Earliest Transaction (Month/Day/Year) 12/16/2019								, y	below)	below) SVP/Managing Dir			below)		
(Street) HOUST(ON T	Kate) (77079 (Zip)			4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	Form f	idual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Tab	le I - Non-l	Deriva	tive	Sec	curitie	s Ac	quired, E	Disp	osed c	of, or Be	nef	iciall	y Owned	l				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,			r) Code (Instr. 5)			4 and Securiti Benefic Owned Reporte		es Forn (ally (D) o Following (I) (II d		: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
									Code	v	Amount	t (A) or Pr		rice		saction(s) r. 3 and 4)				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Co	Transaction Code (Instr				6. Date Exercisa Expiration Date (Month/Day/Yea		Amour Ar) Securi Under Deriva		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	e s ully	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Co	ode	v	(A)	(D)	Date Exercisable		opiration	Title	or	ount nber ires						
Stock Options (right to buy)	\$13.22	12/16/2019			A		1,875		(1)	04	1/16/2029	Common Stock	1,	375	\$0.00	1,875		D		

Explanation of Responses:

1. The stock option award reported on this Form 4 is exercisable in three equal annual installments beginning on March 4, 2020 and ending on March 4, 2022.

Remarks:

/s/ Andrew H. Everett II, 12/17/2019 Attorney-in-Fact

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.