UNITED STATES SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, DC 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 22, 2022

SEACOR Marine Holdings Inc.

(Exact Name of Registrant as Specified in Its Charter)

Delaware (State or Other Jurisdiction of Incorporation) 001-37966 (Commission File Number) 47-2564547 (IRS Employer Identification No.)

12121 Wickchester Lane, Suite 500, Houston, TX (Address of Principal Executive Offices)

77079 (Zip Code)

Registrant's telephone number, including area code (346) 980-1700

Not Applicable (Former Name or Former Address, if Changed Since Last Report)

Title of each class Common stock, par value \$0.01 per share		SMHI	New York Stock Exchange ("NYSE
		Trading Symbol(s)	Name of each exchange on which registered
Securities	registered pursuant to Section 12(b) of the Act:		
	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))		
	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)		
	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)		
	provisions (<i>see</i> General Instruction A.2. below):	tended to simultaneously satisfy the	e filing obligation of the registrant under any of the

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company ⊠

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act. \boxtimes

Item 7.01 Regulation FD Disclosure.

On April 22, 2022, SEACOR Marine Holdings Inc. (the "Company") posted its 2021 annual report, including its annual letter to stockholders from its President and Chief Executive Officer, on its website at https://ir.seacormarine.com/financial-information/annual-reports-and-proxy-statements.

The information in this Current Report on Form 8-K shall not be deemed to be "soliciting material" or "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section, nor shall such information be deemed incorporated by reference in any filing under the Securities Act of 1933, as amended, or the Exchange Act, except as expressly set forth by specific reference in such a filing.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

SEACOR Marine Holdings Inc.

April 22, 2022

By: /s/ Andrew H. Everett II

Name: Andrew H. Everett II

Title: Senior Vice President, General Counsel and Secretary