SEC Form 4	
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	FORM	4 U	JNITED	STA	TES	S SE						NGE (IISSION				
						Washington, D.C. 20549										OMB APPROVA		
Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See					NT OF CHANGES IN BENEFICIAL OWNE								VNER	RSHIP		OMB Number: 3235- Estimated average burden hours per response:		3235-0287 en 0.5
						pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940									libur		500150.	0.0
1. Name and Address of Reporting Person [*] Weller Anthony						2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]								heck all appli Directe	cable) or	10%		wner
(Last) (First) (Middle) 12121 WICKCHESTER LANE, SUITE 500						3. Date of Earliest Transaction (Month/Day/Year) 06/17/2019								X Officer (give title Other (s below) below) SVP/Managing Dir-Int'l Div				
(Street) HOUSTON TX					4. 11	4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person				
(City) (State) (Zip)														Form filed by More than One Reporting Person				
		Tab	le I - Non	-Deriv	ative	e Sec	curitie	s Ac	quired,	Dis	sposed o	of, or Be	eneficia	lly Owned	k			
1. Title of Security (Instr. 3) Date (Month/Date)					Execution Date,			Code	Transaction Disposed Of (D) (Instr. 3, Code (Instr. 5)				4 and Securities Beneficially Owned Follo		Forn (D) o	wnership n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership	
								Code	v	Amount	(A) ((D)	or Price	Reported Transaction(s) (Instr. 3 and 4)				(Instr. 4)	
		Т	able II - E								oosed of converti							
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr 8)				6. Date Ex Expiratior (Month/Da	n Dat	e	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securitie Beneficia Owned Following Reported Transacti (Instr. 4)	e s dly g	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership t (Instr. 4)
					Code	v	(A)	(D)	Date Exercisab		Expiration Date	Title	Amount or Number of Shares					

(right to buy) Explanation of Responses:

\$14.31

1. The stock option award reported on this Form 4 is exercisable in three equal annual installments beginning on March 4, 2020 and ending on March 4, 2022.

A

1,875

(1)

Remarks:

Stock Options

/s/ Andrew H. Everett II, Attorney-in-Fact

1,875

04/16/2029

Common

Stock

Date

\$0.00

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

06/17/2019

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

06/18/2019

1,875

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