FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b)

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Miguel Bejos Alfredo</u>					2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]								(Check all app		olicable) ctor		Owner	
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC.					3. Date of Earliest Transaction (Month/Day/Year) 10/16/2019												r (specify w)	
Street) HOUSTON TX 77079 City) (State) (Zip)				4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)									Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date					2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)					and 5) Secu Bene Own		ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code	v	Amount	(A) or (D)	Price		Transa	ction(s)		(Instr. 4)	
Common Stock 10/16/20					19			S ⁽¹⁾		4,350(2)	D	\$13.4	1249 215,793		15,793	D		
Common Stock 10/17/20				019	19			S ⁽¹⁾		8,675(3)	D	\$13.	5121	121 207,11		D		
Common Stock 10/18/2				019	19			S ⁽¹⁾		5,228(4)	D	\$13.	2731	731 201,890		D		
Common Stock														77	78,431	I	Proyectos Globales de Energia y Servicios CME, S.A. de C.V.	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
3. Transaction 3A. Deemersion Date Execution E (Month/Day/Year) if any		emed ion Date,	4. Transaction Code (Instr.		5. Number		6. Date Exerc		cisable and ate	7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivative Security (Instr. 5)		derivative Securities Beneficially Owned Following Reported	Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)		
	(First AAIf (First AAIf (First AAIf (Sta (Instr.)	(First) (MARINE HOLDING IESTER LANE, SUI TX (State) (Tabl (Instr. 3) Ta 3. Transaction Date (Month/Day/Year)	(First) (Middle) MARINE HOLDINGS INC IESTER LANE, SUITE 50 TX 77079 (State) (Zip) Table I - N (Instr. 3) Table II Sion Date (Month/Day/Year) Ve Sion (Month/Day/Year)	(First) (Middle) MARINE HOLDINGS INC. IESTER LANE, SUITE 500 TX 77079 (State) (Zip) Table I - Non-Derive (Month/Day) 10/16/2 10/17/2 10/18/2 Table II - Derivate (e.g., put and the content of t	(First) (Middle) MARINE HOLDINGS INC. IESTER LANE, SUITE 500 Table I - Non-Derivative (Instr. 3) Table II - Derivative S (e.g., puts, consistent of the put of the	Alfredo (First) (Middle) MARINE HOLDINGS INC. ESTER LANE, SUITE 500 Table I - Non-Derivative Securifiany (Month/Day/Year) 10/16/2019 10/17/2019 10/18/2019 Table II - Derivative Securifiany (Month/Day/Year) 3. Transaction Date (E.g., puts, calls, if any (Month/Day/Year) Very (Month/Day/Year) SEACC 3. 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Explanation of Responses:

- $1.\ This trade occurred pursuant to a Rule\ 10b5-1\ trading\ plan\ established\ by\ the\ Reporting\ Person\ on\ September\ 12,\ 2019.$
- 2. The price reported to Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$13.30 to \$13.68, inclusive. The Reporting Person undertakes to provide to the Issuer, any security holder of the Issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote 2, footnote 3 and footnote 4 to this Form 4.
- 3. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$13.30 to \$13.735, inclusive.
- 4. The price reported in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$13.06 to \$13.41, inclusive.

Remarks:

/s/ Andrew H. Everett II, 10/18/2019 Attorney-in-Fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.