FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

gton, D.C. 20049	OMB APP	MB APPROVAL		
O IN DENEELOIAL OVANIEDOLUD	OMB Number	3235-02		

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours per response:	0.5							

1. Name and Address of Reporting Person* Llorca Jesus					2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]								heck al	tionship of Reporting all applicable) Director Officer (give title		g Per	Person(s) to Issuer 10% Owner Other (specify	
	COR MAI	rst) (RINE HOLDING T, 2ND FLOOR	-		3. Date of Earliest Transaction (Month/Day/Year) 12/31/2018								below)	ecutive V	ice I	below)		
(Street) HOUMA		tate) (70360 (Zip)	_							Li	ne) X	X Form filed by One Reporting Person Form filed by More than One Reporting Person					
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				ansaction	2A. Deemed Execution Date,		3. Transac	ction	4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			5. Amount of Securities Beneficially Owned Follo Reported Transaction(nt of es ally following d ion(s)	Form: Dir (D) or Ind (I) (Instr. 4		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																	
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date ecurity or Exercise (Month/Day/Year) if any		Execution Date,	Code (Transaction Code (Instr. 8)		of Ex		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)				9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)		Ownership Form: Direct (D) or Indirect (I) (Instr. 4	Beneficial Ownership (Instr. 4)
				Code	v	(A)		Date Exercisabl		xpiration ate	Title	Amount or Number of Shares						
Stock Options (right to buy)	\$11.76	12/31/2018		A		6,250		(1)	0.	4/24/2028	Common Stock	6,250	9	\$0	6,250		D	

Explanation of Responses:

1. The stock option award reported on this Form 4 is exercisable in four equal annual installments beginning on March 4, 2019 and ending on March 4, 2022.

/s/ Andrew H. Everett II, Attorney-in-Fact

01/02/2019

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.