FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
-------------	------	-------

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number: 3235-0287									
Estimated average burden									
hours per response:	0.5								

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Gellert John M					2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]					(Ch	eck all applic	able) r	10% Owr		ner		
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC.					3. Date of Earliest Transaction (Month/Day/Year) 06/09/2020						X Officer (give title below) President and			Other (specify below)			
12121 WICKCHESTER LANE, SUITE 500											_						
(Street) HOUST(77079	4. I	4. If Amendment, Date of Original Filed (Month/Day/Year)					Line	Individual or Joint/Group Filing (Check Applicable e) X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S		(Zip)														
			le I - Non-D					<u> </u>	_			-			. 1-		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da					Execution Date,		3. Tansaction Code (Instr. 8) 4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4) 5)				5. Amour Securitie Beneficia Owned F Reported	s ally ollowing	6. Owners Form: Dire (D) or Indi (I) (Instr. 4	ct c	7. Nature of Indirect Beneficial Ownership		
				Code V			Amount	(A) or (D)	Price	Transact (Instr. 3 a	ion(s)			(Instr. 4)			
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	Exercise (Month/Day/Year) ce of rivative	3A. Deemed Execution Date, if any (Month/Day/Year)	Code (Transaction Code (Instr. 8)		of E		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owr Forr Dire or In (I) (II	ership n: ct (D) direct nstr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares						
Stock Options (right to buy)	\$4.39	06/09/2020		A		26,250		(1)	03/05/2030	Common Stock	26,250	\$0.00	26,250		D		

Explanation of Responses:

1. The stock option award reported on this Form 4 is exercisable in three equal annual installments beginning on March 4, 2021 and ending on March 4, 2023.

Remarks:

/s/ Andrew H. Everett II, 06/10/2020 Attorney-in-Fact

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).