FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

Washington, D.C. 20040

OMB APPROVAL										
OMB Number:	3235-0287									
Estimated average burden										

0.5

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
<u>Clemons Robert</u>						SELECTION TOTAL COMMIT								v C	rirector Officer (give title		(specify	
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC.					3. Date of Earliest Transaction (Month/Day/Year) 03/04/2019								b b	elow) EVP a	below & COO)		
12121 WICKCHESTER LANE, SUITE 500					4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) HOUSTO	ON TX	ζ 7	77079									Lin	X F	Form filed by One Reporting Person Form filed by More than One Reporting				
(City)	(St	ate) (Zip)													Person		
		Tabl	e I - Non	-Deriva	ative	Sec	curitie	s Acc	uired,	Dis	posed o	f, or	Bene	eficia	lly Ov	vned		
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)					n/Day/Year) if		2A. Deemed Execution Date, if any (Month/Day/Year)		Transaction Di Code (Instr. 5)		Disposed	4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 5)			d Se Be Ov	Amount of curities neficially wned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership
									Code	v	Amount ((A) or (D)	Price	Tra	ported ansaction(s) str. 3 and 4)		(Instr. 4)
Common Stock 03/04/					/2019			F		833 D		\$14.0	01	28,498	D			
		Та	ble II - D								sed of, onvertib				Own	ed		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date, Transaction Code (Ins			on of		6. Date Exercisable an Expiration Date (Month/Day/Year)		е	And 7. Title and Amount of Securities Underlying Derivative Security (Instrant 4)			8. Price Derivati Security (Instr. 5)	tive derivative ty Securities	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
					Code	v	(A)		Date Exercisa		Expiration Date	Title	or Nun of					

Explanation of Responses:

Remarks:

/s/ Andrew H. Everett II, Attorney-in-Fact 03/05/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.