## FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

<b>STATEMENT</b>	OF CHANGES	S IN BENEFICIAL	L OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-028								
Estimated average b	ourden								

0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* <u>Everett Andrew H II</u>				2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [ SMHI ]					(Ct	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner  Officer (give title Other (specify					
(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC.					3. Date of Earliest Transaction (Month/Day/Year) 09/15/2019					Sr. VP, General Counsel & Secy					
12121 W	/ICKCHES	ΓER LANE, SU	ITE 500												
(Street)	ON T	X	77079	4	. If Ame	endment,	Date	of Original Fil	ed (Month/D	ay/Year)	Lin	e) X Form t Form t	iled by One	Filing (Check A Reporting Pers than One Rep	on
(City)	(S	ate)	(Zip)									Perso	1		
		Tab	le I - Non-D	Derivati	ve Se	curitie	s Ac	quired, D	isposed o	of, or Be	neficia	ly Owned	d		
Date			. Transactio ate Month/Day/	Execution Date,		Code (Ins	ransaction Disposed Of (D) (Instr. 3, 4					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership		
								Code V	Amount	(A) o (D)	r Price	Transac (Instr. 3	tion(s)		(Instr. 4)
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)															
1. Title of Derivative Security (Instr. 3)  2. Conversion or Exercise Price of Derivative Security  3. Transaction Date (Month/Day/Year)  3. Transaction Date (Month/Day/Year)  5. Conversion Date (Month/Day/Year)		Cod	ransaction of E code (Instr. Derivative (I		Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	11. Nature of Indirect Beneficial Ownership (Instr. 4)			
				Cod	e V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares				
Stock Options (right to buy)	\$13.98	09/15/2019		A		3,750		(1)	04/16/2029	Common Stock	3,750	\$0.00	3,750	D	

## Explanation of Responses:

1. The stock option award reported on this Form 4 is exercisable in three equal annual installments beginning on March 4, 2020 and ending on March 4, 2022.

## Remarks:

/s/ Andrew H. Everett II 09/17/2019

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.