FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1	nd Address of Anthony		2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]									ck all appli Directo Officer	ionship of Reportin all applicable) Director Officer (give title		son(s) to Iss 10% Ov Other (s below)	wner				
(Last)	(Fi		3. Date of Earliest Transaction (Month/Day/Year) 07/02/2018									below)	Sr VP and Managi							
7910 MAIN STREET, 2ND FLOOR							If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street)	,														X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	v) (State) (Zip)														1 01301					
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar) i	2A. Deemed Execution Date, if any (Month/Day/Year		Code (Instr.						5. Amou Securitie Benefici Owned F Reporte	ities icially d Following		n: Direct r Indirect I nstr. 4) (7. Nature of Indirect Beneficial Ownership (Instr. 4)	
									Code	v	Amount	nt (A) or (D) Pr		rice	Transaci (Instr. 3	tion(s)			,msu. 4)	
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	Execution Date, if any (Month/Day/Year)		4. Transaction Code (Instr. 8)		n of		6. Date Ex Expiration (Month/Da	Date	Amount of		of s ng e Secu		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficial Owned Following Reported Transactio (Instr. 4)	i C i F illy C (I	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A) (D) Date Expiration Date Title Shares													
Stock Options (right to buy)	\$22.95	07/02/2018			A		1,875		(1)	0	4/24/2028	Common Stock	1,8	375	\$0	1,875		D		

Explanation of Responses:

1. The stock option award reported on this Form 4 is exercisable in four equal annual installments beginning on March 4, 2019 and ending on March 4, 2022.

Remarks:

/s/ Jesus Llorca, Attorney-in-Fact 07/03/2018

** Signature of Reporting Person Date

 $Reminder: Report \ on \ a \ separate \ line \ for \ each \ class \ of \ securities \ beneficially \ owned \ directly \ or \ indirectly.$

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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