FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Washington, D.C. 20549	
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OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan for the purchase or sale of equity securities of the issuer that is intended to satisfy the affirmative defense conditions of Rule 10b5Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1(c). Si	ee Instruction 1	0.																		
1. Name ar	2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)										
Young	LISA P									,		✓ Direct	ctor		10% Ov	vner				
(Last)	(Last) (First) (Middle) C/O SEACOR MARINE HOLDINGS INC.							3. Date of Earliest Transaction (Month/Day/Year) 09/19/2024										Other (s below)	specify	
12121 W	TCKCHES'																			
	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable Line)									
(Street)															Form filed by One Reporting Person					
HOUST	ON TX	7	7079											Form filed by More than One Reporting						
															Pers			·	ı	
(City)	(St	ate) (Z	Zip)																	
		Table	I - Non	-Deriva	tive S	Secu	rities	Acq	uired,	Dis	posed of	, or	Ben	eficia	ally Own	ed				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Date)						Exec		Deemed ecution Date, ny onth/Day/Year)				es Acquired (A Of (D) (Instr. 3,			nd Securi Benefi	cially I Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	Amount	(A (C	A) or D)	Price	Transa	iction(s) 3 and 4)			(50. 4)					
Common	/2024				A		6,078(1)) A		\$0		6,078		D						
		Tal									osed of, o					d				
1. Title of Derivative Security (Instr. 3)	vative Conversion Date Execution Date irity or Exercise (Month/Day/Year) if any			on Date,	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4)		,	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	y	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
				Code	v	(A)	(D)	Date Exercis	able	Expiration Date	Title	or Nur of	ount nber ires							

Explanation of Responses:

1. The restricted stock award reported on this Form 4 will lapse on the earlier of (i) the date of the 2025 annual meeting of stockholders of the Issuer and (ii) June 4, 2025.

/s/ Andrew H. Everett II, 09/23/2024 Attorney-in-Fact

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.