FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL								
OMB Number:	3235-0287							
Estimated average burden								
hours nor roomanas:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Rossmiller Gregory Scott					2. Issuer Name and Ticker or Trading Symbol SEACOR Marine Holdings Inc. [SMHI]							(Ch	Relationship of Reporting Person(s) to Issu (Check all applicable) Director 10% Ow Officer (give title Other (s)				vner		
(Last) C/O SEAC	(Firs	st) (M	Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/04/2024									X Officer (give title below) Other (specify below) SVP & CAO				
12121 WICKCHESTER LANE, SUITE 500					4. If a	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)	N TX	7	7079											X Form filed by One Reporting Person Form filed by More than One Reporting Person					
(City)	$ _{\Box}$	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.																	
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3) 2. Transa Date (Month/D			Execution Date,		3. Transaction Code (Instr. 8) 4. Securities Acquire Disposed Of (D) (Inst		es Acquirec Of (D) (Instr	I (A) or . 3, 4 and 5	5. Amour Securities Beneficia Owned For Reported	es For ally (D) Following (I) (: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)						
									Code	v	Amount	(A) or (D)	Price	Transacti (Instr. 3 a	tion(s)			(111341.4)	
Common Stock 03/04/					/2024		A		61,953 ⁽¹⁾ A		\$ <mark>0</mark>	251,390			D				
Common Stock 03/04/				/2024		F		27,452 D \$		\$12.2	3 223,938			D					
		Т	able II -								osed of, convertib			Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deem Execution if any (Month/D	n Date,	Code (Ins				6. Date Exercisable and Expiration Date (Month/Day/Year)			of Securit Underlyin	g Security	8. Price of Derivative Security (Instr. 5)	9. Numbe derivative Securities Beneficia Owned Following Reported Transactio (Instr. 4)	e O's Fo	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A) (D)	(D)	Date Exercis	able	Expiration Date	Title	or Number of Shares						
Performance Restricted Stock Units	(2)	03/04/2024			A		24,370		(3)		(3)	Common Stock	24,370	\$0	24,37	0	D		

Explanation of Responses:

- 1. The restricted stock award reported on this Form 4 will lapse in three equal annual installments beginning on March 4, 2025 and ending on March 4, 2027.
- 2. Each Performance Restricted Stock Unit (each, a "PRSU") represents a contingent right to receive, at vesting, one share of Common Stock subject to the achievement of certain performance goals and service-based vesting requirements.
- 3. These PRSUs consist of five equal tranches, each of which will be earned if and when the closing price of one share of Common Stock equals or exceeds the specified stock price performance goal for such tranche for 60 consecutive trading days during the three year performance period beginning on the grant date, provided that any earned PRSUs will not be settled until the third anniversary of the grant date, subject to satisfaction of the service-based vesting requirements set forth in the award agreement. The specified stock price performance goals for each tranche are \$13.29, \$15.13, \$17.08, \$19.02 and \$20.86, respectively.

/s/ Andrew H. Everett II, Attorney-in-Fact

03/05/2024

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.